Nutrition Science

2027 Elective Units and Specified and Elective units for Majors and Minors

Last updated 23 October 2026

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Please refer to the 2027 ACU Handbook for descriptions of Elective units.

Bachelor of Nutrition Science – No Nominated Major or Minor - Electives

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Summer Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
EXSC316	Nutrition for Sports Performance	OU						*Pre: NUTR101 and (EXSC226 or EXSC225) or BIOL234)*

Professional Term 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
NUTR308*	Food and Culture Study Tour INT							*Pre: Completion of 80cp*
NUTR404	Advanced Culinary Nutrition Science		Nth Syd M		M		M	*Pre: (CHEM112 or CHED112) and (NUTR102 or NUTD102) and NUTR202*

*NUTR308 Rome offering in PT2 2027 (or equivalent International Term) Please see 'Study health sciences overseas – ACU for more information.

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
BUSN105	Financial Literacy				A		A	*Pre: NIL BUSD104, BUSZ104, BUSN104 BUSD105, BUSZ105*
BUSN113	Managing People and Organisations				A		A	*Pre: NIL Inc: MGMT100, BUSD113*
BUSN114	Marketing Essentials				A		A	*Pre: NIL Inc: BUSN112, BUSD112, BUSD114*
COMM102	Introduction to Communication	OS						*Pre: NIL*
ENTR301	Managing Entrepreneurship and Innovation				A		A	*Pre: NIL*
HLSC120	Indigenous Health and Culture		A	A	A	A	A	*Pre: NIL*
HLSC220*	Healthcare Ethics		M	M	M	M	M	*Pre: NIL*
MKTG209	Digital Marketing: The Connected Space				A		A	*Pre: NIL*
NUTR309*	Work Placement 1		Nth Syd M		M		M	*Pre: NUTR202*
PSYC100	Foundations of Psychology				A	A		*Pre: NIL*
PSYC108	Psychological Practice: Theory and Techniques				A	A		*Pre: NIL*

Continued

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
EXSC316	Nutrition for Sports Performance	OU						*Pre: NUTR101 and (EXSC226 or EXSC225) or BIOL234)*
NUTR308*	Food and Culture Study Tour INT							*Pre: Completion of 80cp*
NUTR405	Foods for Special Diets		Nth Syd M		M		M	*Pre: NUTR404*

*NUTR308 Bali and Solomon Island offerings in Winter Term 2027 (or equivalent International Term) Please see 'Study health sciences overseas – ACU for more information.

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
BMSC110	Communicating Ideas in Science			A	A		A	*Pre: NIL*
BMSC207	Microbiology and Immunology			A	A		A	*Pre: BIOL123 or BIOL125*
BUSN105	Financial Literacy				A		A	*Pre: NIL BUSD104, BUSZ104, BUSN104 BUSD105, BUSZ105*
BUSN113	Managing People and Organisations				A		A	*Pre: NIL Inc: MGMT100, BUSD113*
BUSN114	Marketing Essentials				A		A	*Pre: NIL Inc: BUSN112, BUSD112, BUSD114*
+COMM105 OR +DESN244	Social Media Design for Social Media	OS						*Pre: NIL*
ENTR201	Entrepreneurial Mindset	OS						*Pre: NIL*
HLSC120	Indigenous Health and Culture		A					*Pre: NIL*
HLSC220*	Healthcare Ethics		M	M	M	M	M	*Pre: NIL*
NUTR310	Work Placement 2		Nth Syd M		M		M	*Pre: NUTR309*
!NUTR311	Food, Society and the Environment		Nth Syd M		M		M	*Pre: NUTR202 and (PUBH202 or PSYC226))*
PSYC101	Applications of Psychology				A	A		*Pre: NIL*
PSYC212*	Abnormal Psychology				A	A		*Pre: PSYC100 and PSYC101*
SOCS243	*Global Health*	OS						*Pre: NIL*

*HLSC220 may also be offered in Rome in 2027. Please see 'Study health sciences overseas – ACU for more information.

*NUTR308 Will be offered in Rome in PT2 2027 (or equivalent International Term) in and Bali and Solomon Islands in Winter 2027. Please see 'Study health sciences overseas – ACU for more information.

*NUTR309 requires students to complete an expression of interest form, which will be available in late October and circulated via the Nutrition Science Canvas page. Additionally, students must fulfill all pre-placement requirements, as outlined by the School of Behavioural and Health Sciences, by February 2026. Failure to meet these requirements will result in ineligibility to participate in this unit.

!NUTR311 !Restricted Elective: Students commencing prior to 2025 may enrol in NUTR311, as an Elective

*PSYC212 may also be offered in Rome in 2027. Please see 'Study health sciences overseas – ACU for more information.

+ Select **either** COMM105 Social Media **or** DESN244 Design for Social Media (subject to availability).

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled

INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.

INT = International Experience **w**

Bachelor of Nutrition Science – Major Culinary Nutrition - Electives

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Professional Term 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
NUTR308*	Food and Culture Study Tour **INT**							*Pre: Completion of 80cp*

*NUTR308 Rome offering in PT2 2027 (or equivalent International Term) Please see 'Study health sciences overseas – ACU for more information.

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN105	Financial Literacy				**A**		**A**	*Pre: NIL BUSD104, BUSZ104, BUSN104 BUSD105, BUSZ105*
BUSN113	Managing People and Organisations				**A**		**A**	*Pre: NIL Inc: MGMT100, BUSD113*
BUSN114	Marketing Essentials				**A**		**A**	*Pre: NIL Inc: BUSN112, BUSD112, BUSD114*
COMM102	Introduction to Communication	**OS**						*Pre: NIL*
ENTR301	Managing Entrepreneurship and Innovation				**A**		**A**	*Pre: NIL*
DESN227	Web Design				**M**	**M**		*Pre: NIL*
MKTG209	Digital Marketing: The Connected Space				**A**		**A**	*Pre: NIL*
NUTR309*	Work Placement 1		**Nth Syd M**		**M**		**M**	*Pre: NUTR202*

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Sydney	Prereq
NUTR308*	Food and Culture Study Tour **INT**							*Pre: Completion of 80cp*

*NUTR308 Bali and Solomon Island offerings in Winter Term 2027 (or equivalent International Term) Please see 'Study health sciences overseas – ACU for more information.

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN105	Financial Literacy				**A**		**A**	*Pre: NIL BUSD104, BUSZ104, BUSN104 BUSD105, BUSZ105*
BUSN113	Managing People and Organisations				**A**		**A**	*Pre: NIL Inc: MGMT100, BUSD113*
BUSN114	Marketing Essentials				**A**		**A**	*Pre: NIL Inc: BUSN112,*

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
								BUSD112, BUSD114
Continued								
+COMM105 OR +DESN244	Social Media Design for Social Media	**OS**						*Pre: NIL*
NUTR310	Work Placement 2		**Nth Syd M**		**M**		**M**	*Pre: NUTR309*

* NUTR308 Will be offered in Rome in PT2 2026 and Bali and Solomon Islands in Winter 2027. Please see 'Study health sciences overseas – ACU for more information.

*NUTR309 requires students to complete an expression of interest form, which will be available in late October and circulated via the Nutrition Science Canvas page. Additionally, students must fulfill all pre-placement requirements, as outlined by the School of Behavioural and Health Sciences, by February 2026. Failure to meet these requirements will result in ineligibility to participate in this unit

+ Select **either** COMM105 Social Media **or** DESN244 Design for Social Media (subject to availability)..

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled

INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.

INT = International Experience

Bachelor of Nutrition Science – Major Food Science - Electives

- Specified units should be taken in sequence as listed in the program map.
- Additional prerequisites for individual units are shown in the final column
- A maximum of one 100-level unit elective is permitted.

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Professional Term 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
*NUTR308	Food and Culture Study Tour **INT**							*Pre: Completion of 80cp*
NUTR404	Advanced Culinary Nutrition Science		**Nth Syd M**		**M**		**M**	*Pre: (CHEM112 or CHED112) and (NUTR102 or NUTD102) and NUTR202*

*NUTR308 Rome offering in PT2 2027 (or equivalent International Term) Please see 'Study health sciences overseas – ACU for more information.

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN105	Financial Literacy				**A**		**A**	*Pre: NIL BUSD104, BUSZ104, BUSN104 BUSD105, BUSZ105*
BUSN113	Managing People and Organisations				**A**		**A**	*Pre: NIL Inc: MGMT100, BUSD113*
BUSN114	Marketing Essentials				**A**		**A**	*Pre: NIL Inc: BUSN112, BUSD112, BUSD114*
COMM102	Introduction to Communication	**OS**						*Pre: NIL*
DESN227	Web Design				**M**	**M**		*Pre: NIL*
ENTR301	Managing Entrepreneurship and Innovation				**A**		**A**	*Pre: NIL*
MKTG209	Digital Marketing: The Connected Space				**A**		**A**	*Pre: NIL*

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
*NUTR308	Food and Culture Study Tour **INT**							*Pre: Completion of 80cp*
NUTR405	Foods for Special Diets		**Nth Syd M**		**M**		**M**	*Pre: NUTR404*

*NUTR308 Bali and Solomon Island offerings in Winter Term 2027 (or equivalent International Term) Please see 'Study health sciences overseas – ACU for more information.

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BUSN105	Financial Literacy				A		A	*Pre: NIL BUSD104, BUSZ104, BUSN104 BUSD105, BUSZ105*
BUSN113	Managing People and Organisations				A		A	*Pre: NIL Inc: MGMT100, BUSD113*
BUSN114	Marketing Essentials				A		A	*Pre: NIL Inc: BUSN112, BUSD112, BUSD114*
+COMM105 OR +DESN244	Social Media Design for Social Media	OS						*Pre: NIL*
NUTR310	Work Placement 2		Nth Syd M		M		M	*Pre: NUTR309*
MKTG202	Marketing Communications: Engaging Stakeholders				A		A	*Pre: NIL*

*NUTR308 Will be offered in Rome in PT2 2027(or equivalent International Term) in and Bali and Solomon Islands in Winter 2027. Please see 'Study health sciences overseas – ACU for more information.

+ Select **either** COMM105 Social Media **or** DESN244 Design for Social Media (subject to availability).

Key:

A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled

INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.

INT = International Experience

Bachelor of Nutrition Science – Major Public Health - Electives, *MELBOURNE ONLY*

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

This Major is in Teach-out – All students undertaking the Public Health Major are required to contact the Course Adviser prior to enrolling.

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PUBH304*	Public Health Advocacy							*Pre:PUBH100 or PUBH102 or PUBD102*

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PUBH303*	Applied Public Health Communication							*Pre:PUBH100 or PUBH102 or PUBD102*
PUBH305*	Applied Public Health 2							*Pre: PUBH302*
PUBH312**	Applied Public Health Promotion				M			*Pre: PUBH102 or PUBD102*

* ***PUBH303, PUBH304 and PUBH305 are not offered in 2027, Discontinued in 2028***

** ***PUBH312 to be Discontinued in 2028***

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INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT= International Experience

Bachelor of Nutrition Science – Communication in Health (NCOM)– Specified units for students who commenced prior to 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
COMM102	Introduction to Communication	OS						*Pre: NIL*
DESN227	Web Design				M	M		*Pre: NIL*

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
*COMM105 OR *DESN244	Social Media Design for Social Media	OS						*Pre: NIL*
MKTG202	Marketing Communications: Engaging Stakeholders				A		A	*Pre: NIL*

* Select **either** COMM105 Social Media **or** DESN244 Design for Social Media (subject to availability)..

Key:
A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT= International Experience

Bachelor of Nutrition Science – Communication in Health (COMH) – Specified units for students commencing from 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
COMM102	Introduction to Communication	OS						*Pre: NIL*
DESN227	Web Design				M	M		*Pre: NIL*

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
*COMM105 OR *DESN244	Social Media Design for Social Media	OS						*Pre: NIL*
MKTG202	Marketing Communications: Engaging Stakeholders				A		A	*Pre: NIL*

* Select **either** COMM105 Social Media **or** DESN244 Design for Social Media (subject to availability)..

Key:
A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT= International Experience

Bachelor of Nutrition Science – Minor Exercise Science (EXSC) for students who commenced prior to 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Summer Term 2027 (commencing November)

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC225*	Physiological bases of Exercise		M	M	M	M		*Pre: BIOL125*
EXSC316	Nutrition for Sports Performance	OU						*Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)*

*EXSC225 Physiological Bases of Exercise to be replaced in 2028 with retitled and recoded unit EXSCC226 Exercise Physiology

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
ANAT100	Anatomical Foundations of Exercise Science		A	A	A	A		*Pre: NIL*

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						*Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)*

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
**EXSC296	Health and Exercise Psychology		M	~~M~~	M	~~M~~		*Pre: EXSC199 or (PSYC100 and PSYC101)*

*EXSC226 Exercise Physiology will be offered for the first time in 2028. *(Pre: BIOL125)*

**EXSC296 Health and Exercise Psychology code and title and title changed to EXSC249 Health, Exercise, and Sport Psychology, will be offered for the first time in 2028

Key:
A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT= International Experience

Bachelor of Nutrition Science – Minor Exercise Science (EXSC) for students commencing from 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC123	Introduction to Exercise Science		A	A	A	A		*Pre: NIL*
EXSC187	Growth, Motor Development and Ageing		A	A	A	A		*Pre: NIL*

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						*Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)*

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC230	Motor Control and Learning		M	~~M~~	M	~~M~~		*Pre: EXSC199 or (PSYC100 and PSYC101)*

EXSC296 Health and Exercise Psychology code and title and title changed to EXSC249 Health, Exercise, and Sport Psychology, will be offered for the first time in 2028

Bachelor of Nutrition Science – Minor Health Science (NSHS) for students who commenced prior to 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Summer Term 2027 (commencing November)

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC225*	Physiological Bases of Exercise		M	M	M	M		*Pre: BIOL125*

*EXSC225 Physiological Bases of Exercise to be replaced in 2028 with retitled and recoded unit EXSCC226 Exercise Physiology

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HLSC120	Indigenous Health and Culture		A	A	A	A	A	*Pre: NIL*
PSYC100	Foundations of Psychology				A	A		*Pre: NIL*

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BMSC110	Communicating Ideas in Science				A	~~A~~		*Pre: NIL*
BMSC306	Advanced Physiology	OS						*Pre: BIOL204 or BIOL126*
**EXSC296	Health and Exercise Psychology		M	~~M~~	M	~~M~~		*Pre: EXSC199 or (PSYC100 and PSYC101)*
SOCS243	Global Health	OS						*Pre: NIL*

*EXSC226 Exercise Physiology will be offered for the first time in 2028. *(Pre: BIOL125)*

**EXSC296 Health and Exercise Psychology code and title and title changed to EXSC249 Health, Exercise, and Sport Psychology, will be offered for the first time in 2028

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A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
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INT= International Experience

Bachelor of Nutrition Science – Minor Health Science (HSCF) for students commencing from 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HLSC120	Indigenous Health and Culture		A	A	A	A	A	*Pre: NIL*
PSYC100	Foundations of Psychology				A	A		*Pre: NIL*

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
BMSC110	Communicating Ideas in Science				A	~~A~~		*Pre: NIL*
BMSC306	Advanced Physiology	OS						*Pre: BIOL204 or BIOL126*
**EXSC296	Health and Exercise Psychology		M	~~M~~	M	~~M~~		*Pre: EXSC199 or (PSYC100 and PSYC101)*
SOCS243	Global Health	OS						*Pre: NIL*

*EXSC226 Exercise Physiology will be offered for the first time in 2028. *(Pre: BIOL125)*

**EXSC296 Health and Exercise Psychology code and title and title changed to EXSC249 Health, Exercise, and Sport Psychology, will be offered for the first time in 2028

Key:
A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT= International Experience

Bachelor of Nutrition Science – Minor Indigenous Australia (NSIA) for students who commenced prior to 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HIST251	Human Rights in History			M	M	M		*Pre: NIL*
HLSC120	Indigenous Health and Culture		A	A	A	A	A	*Pre: NIL*

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HIST106	Australian Indigenous Peoples Past and Present			M	M	M		*Pre: NIL*
SOCS243	Global Health	OS						*Pre: NIL*

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INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT= International Experience

Bachelor of Nutrition Science – Minor Indigenous Australia (INAU) commencing from 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HIST251	Human Rights in History			M	M	M		*Pre: NIL*
HLSC120	Indigenous Health and Culture		A	A	A	A	A	*Pre: NIL*

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HIST106	Australian Indigenous Peoples Past and Present			M	M	M		*Pre: NIL*
SOCS243	Global Health	OS						*Pre: NIL*

Key:
A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT= International Experience

Bachelor of Nutrition Science – Minor International Development (INDE)

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

This Minor is in Teach-out – All students undertaking the International Development Minor are required to contact the Course Adviser prior to enrolling.

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HIST115* OR POLS104*	Global History: Six Degrees of Separation Introduction to International Relations							*Pre: NIL* *Pre: NIL*
GEOG111	Exploring Human Environments			M	M	M		*Pre: NIL*

* ***HIST115 and POLS104 are not offered in 2027, Discontinued in 2028***

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HIST214*	Immigrants and Refugees in Australian History				M	M		*10 cp from 100-level units in History or Sociology including HIST11*
SOCS243	Global Health	OS						*Pre: NIL*

* ***HIST214 to be Discontinued in 2028***

ACU Term 4

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
HIST214*	Immigrants and Refugees in Australian History	OS						*10 cp from 100-level units in History or Sociology including HIST11*

* ***HIST214 to be Discontinued in 2028***

Key:
A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT= International Experience

Bachelor of Nutrition Science – Minor Psychology (NPYS) for students who commenced prior to 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PSYC100	Foundations of Psychology				A	A		*Pre: NIL*
PSYC200	Life Span Development				A		A	*Pre: PSYC100 and PSYC101*

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PSYC101	Applications of Psychology				A	A		*Pre: NIL*
PSYC212*	Abnormal Psychology				A	A		*Pre: PSYC100 and PSYC101*
PSYC221**	Psychology of Eating Behaviour TBC							*Pre: PSYC100 and PSYC101*

* PSYC212 may also be offered in Rome in 2027. Please see 'Study health sciences overseas – ACU for more information.

PSYC221 Not offered in 2027

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INT= International Experience

Bachelor of Nutrition Science – Minor Psychology (PSYF) for students commencing from 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PSYC100	Foundations of Psychology				A	A		*Pre: NIL*
PSYC200	Life Span Development				A		A	*Pre: PSYC100 and PSYC101*

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
PSYC101	Applications of Psychology				A	A		*Pre: NIL*
PSYC212*	Abnormal Psychology				A	A		*Pre: PSYC100 and PSYC101*
PSYC221**	Psychology of Eating Behaviour TBC							*Pre: PSYC100 and PSYC101*

* PSYC212 may also be offered in Rome in 2027. Please see 'Study health sciences overseas – ACU for more information.

PSYC221 Not offered in 2027

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INT= International Experience

Bachelor of Nutrition Science – Minor Sports Nutrition (SPNT) for students who commenced prior to 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Summer Term 2027 (commencing November)

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC225*	Physiological Bases of Exercise		M	M	M	M		*Pre: BIOL125*
EXSC316	Nutrition for Sports Performance	OU						*Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)*

*EXSC225 Physiological Bases of Exercise to be replaced in 2028 with retitled and recoded unit EXSCC226 Exercise Physiology *EXSCC226 Exercise Physiology will be offered for the first time in 2028

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
*EXSC*121 replaced by EXSC123	Exercise and Sports Science: Starting the Journey Introduction to Exercise Science		M	M	M	M		*Pre: Nil*
NUTR309+	Work Placement 1		Nth Syd M		M		M	*Pre: NUTR202*

+NUTR309 requires students to complete an expression of interest form, which will be available in late October and circulated via the Nutrition Science Canvas page. Additionally, students must fulfill all pre-placement requirements, as outlined by the School of Behavioural and Health Sciences, by February 2026. Failure to meet these requirements will result in ineligibility to participate in this unit

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						*Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)*

Semester 2

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
**EXSC296	Health and Exercise Psychology		M	~~M~~	M	~~M~~		*Pre: EXSC199 or (PSYC100 and PSYC101)*

*EXSCC226 Exercise Physiology will be offered for the first time in 2028

**EXSC296 Health and Exercise Psychology code and title and title changed to EXSC249 Health, Exercise, and Sport Psychology, will be offered for the first time in 2028

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INT= International Experience

Bachelor of Nutrition Science – Minor Sports Nutrition (SPNT) for students commencing from 2027

- Core units should be taken in sequence as listed in the program map.
- First year students should only complete elective units at 100 or 200 level.
- Additional prerequisites for individual units are shown in the final column

Elective units other than the ones listed below can also be taken e.g. units from other undergraduate programs, but this requires consultation with the Course Adviser prior to enrolling into these units. The following electives have been approved by the Course Adviser for 2027:

Summer Term 2027 (commencing November)

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						*Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)*

Semester 1

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC123	Introduction to Exercise Science		M	M	M	M		*Pre: Nil*

Winter Term

CODE	TITLE	Online	Black-town	Bris	Mel	Strath	North Syd	Prereq
EXSC316	Nutrition for Sports Performance	OU						*Pre: NUTR101 and (EXSC226 or EXSC225 or BIOL234)*

*EXSCC226 Exercise Physiology offered for the first time in 2028

**EXSC296 Health and Exercise Psychology code and title and title changed to EXSC249 Health, Exercise, and Sport Psychology, will be offered for the first time in 2028

Key:
A = Campus Attendance **M** = Multi-mode **OS** = Online Scheduled **OU** = Online Unscheduled
INC = Incompatible: You may not take the unit listed if you have already passed the INC unit.
INT= International Experience

PLEASE NOTE FOR THE MAPs ABOVE

Prerequisites (‘*Pre:*’) and Incompatibles (‘*Inc:*) are added in italics. Prerequisites are other units that you must have passed *before* enrolling in the unit. Incompatibles are units that extremely similar. If you have already successfully passed an Incompatible unit, you are not able to enrol in this unit.

You will not be able to enrol in a unit in Student Connect if you don't meet the prerequisite requirements. This helps stop you from enrolling in units incorrectly.

You can find out about unit prerequisite requirements in your Course Enrolment Guide.

Under some circumstances, you might be eligible for a prerequisite waiver. You can find out more about prerequisites and how to apply for a waiver on the Student Portal.

Students who do not follow the sequence recommended in their Course Map cannot be guaranteed a clash free timetable or completion within the normal course duration period. Any student studying outside the above sequence should consult with their Course Adviser prior to enrolling.

UNIT STUDY MODES

The study mode describes the way that a unit is taught.

All units are delivered in Attendance mode, unless otherwise indicated in the map.

A - Attendance

Most learning activities or classes are delivered at a scheduled time, on campus, or approved ACU delivery site, to enable in-person interactions. Activities will appear in a student’s timetable.

M - Multi-mode

Learning activities are delivered through a planned mix of online and in-person classes, which may include full-day sessions and/or placements, to enable interaction. Activities that require attendance will appear in a student’s timetable.

OS - Online Scheduled

Fully online with learning activities held at scheduled times.

OU - Online unscheduled

Learning activities are accessible at anytime, anywhere. These units are normally delivered fully online and will not appear in a student’s timetable.

Course Advice

Course Advisers are available to assist you with course advice. Students should in the first instance contact the Course Administrator on their campus. If required, your query will be referred to a Course Adviser. Any student studying outside the above sequence should consult with their Course Adviser prior to enrolling. Please email your enquiry or request to make an appointment.

School of Behavioural and Health Science	Nutrition Science Administration Email: nutrition.admin@acu.edu.au
National Course Adviser	**In 2026 contact:** Dr Emma Beckett (Senior Lecturer Nutrition and Food Science) Email. Emma.Beckett@acu.edu.au **From February 2027 contact:** Dr Ryan Tam (Senior Lecturer Nutrition Science) Email. Ryan.Tam@acu.edu.au